



**Health History Form – Important Information**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Primary Care Doctor: \_\_\_\_\_

Right / Left handed (circle one) Occupation: \_\_\_\_\_

**Past Ocular History**

(Circle all that apply)

Glaucoma	Serious Eye Injury
Retinal Tear / Detachment R L Eye	Inflammatory / Iritis
Cataract Surgery	Lasik / RK Surgery
Crossed Eyes	Lazy Eye / Patching
Other Eye Surgery or History: _____	
Eye Medications: _____	

**Past Medical/Surgical History**

(Circle All that Apply) / Write in extra info

**Cardiovascular:** Abnormal EKG A-Fib Angina Cardiac Arrhythmias Chest Pain High Cholesterol Congestive Heart Failure High Blood Pressure Irregular Heart Beat Murmur Heart Attack

**Dermatologic:** Basal Cell Carcinoma Eczema Lyme Disease Melanoma Psoriasis Rosacea Squamos Cell Carcinoma Steve-Johnson Syndrome

**Gastrointestinal:** Colon Cancer Crohns Disease Diverticulitis Ulcer Hepatitis Kidney Stones Inflammatory Bowel Disease Reflux

**Genitourinary:** Bladder Cancer Prostate/Testicular Cancer Renal Disease/Failure

**HEENT:** Chronic Sinus Infections Head and Neck Cancer Hearing Loss

**Hematology:** Anemia Lymphoma Chronic Coumadin Therapy Coagulopathy Hodgkin’s Disease

**Immunologic:** AIDS HIV Sarcoidosis Seasonal Allergies Sjogren’s Syndrome Discoid Lupus Systemic Lupus Erythematosis Temporal Arteritis

**Other:** ADHD Autism Down’s Syndrome

**Infectious Disease:** Chlamydia Hepatitis A Hepatitis B Hepatitis C Herpes Simplex Virus Herpes Zoster Lyme Disease Malaria Shingles Syphilis Tuberculosis

**Endocrine:** Graves Disease Over-active Thyroid Under-active Thyroid Thyroid Removed Insulin Dependent Diabetes Non-Insulin Dependent Diabetes Pituitary Tumor

**Musculoskeletal:** Ankylosing Spondulitis Fibromyalgia Multiple Sclerosis Osteoarthritis Rheumatoid Arthritis

**Neuropsychiatric:** Alzheimer’s Bell’s Palsy Bi-polar Disease Depression Migraine Headache Parkinson’s Schizophrenia Seizure Disorder Stroke Transient Ischemic Attach (TIA)

**OB/Gynecologic:** Breast Cancer Cervical Cancer HRT Hysterectomy Ovarian Cancer Pregnancy Uterine Cancer

**Pulmonary:** Asthma COPD Emphysema Histoplasmosis Lung Cancer Wegener’s Granulomatosis

**Growth/development:** Normal Premature

Other Surgeries not listed: \_\_\_\_\_

Other Health Problems Not Listed: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Medication Allergies: \_\_\_\_\_

### **Family History**

Note Relation to Patient: **F**=Father **M**=Mother **S**=Sister **B**=Brother **GM**=Grandmother **GF**=Grandfather

**P**=Paternal **M**=Maternal

Glaucoma \_\_\_\_\_ Macular Degeneration \_\_\_\_\_ Stroke \_\_\_\_\_

Retinal Tear/Detachment \_\_\_\_\_ Cataract \_\_\_\_\_

Strabismus/Amblyopia \_\_\_\_\_ Other Eye Conditions \_\_\_\_\_

Heart Disease \_\_\_\_\_ Diabetes \_\_\_\_\_ Cancer \_\_\_\_\_

### **Social History**

Smoker Y / N Former Y / N If Yes, Amount \_\_\_\_\_ Years \_\_\_\_\_

Alcohol Consumption Y / N If Yes, Amount \_\_\_\_\_ Frequency \_\_\_\_\_

Are you (circle)? Pregnant Nursing

### **Review of Systems**

Circle only if you have these symptoms today

**Constitutional:** Fatigue Fever Headache Insomnia Weight Gain and Loss

**Ear/Nose/Throat:** Hearing Loss Heavy Snoring Hoarseness Nasal Congestion Pain Ringing Ears

Sinus problems Sinus Infection Sore Throat Vertigo

**Respiratory:** Allergies Bloody Sputum Chronic Cough Productive Cough Shortness of Breath TB Exposure Wheezing

**Cardiovascular:** Ankle Swelling Awaken at Night with Shortness of Breath Chest Pain

Inability to Lay/Sleep on Back Irregular Heartbeat Palpitations

**Vascular:** Foot or Leg Ulcers Pain in Legs with Walking

**Gastrointestinal:** Abdominal Pain Constipation Diarrhea Heartburn Nausea Reflux Vomiting

**Genitourinary:** Blood in Urine Incontinence Stones Painful Urination

**Reproductive:** Abnormal Bleeding Impotence Irregular Cycles Pregnant

**Endocrine:** Elevated Blood Sugar Fluctuating Blood Sugar Stable Blood Sugar Chronic Fatigue

Cold Intolerant Hair Loss Heat Intolerant Swollen Lymph Nodes

**Neurological:** Anxiety Dementia Depression Memory Problems Numbness/Tingling Seizures Tremors Vertigo

**Dermatologic:** Acne Changing Moles Contact Allergies Eczema Pigment Changes Rash Skin Lesions

**Musculo Skeletal:** Back Pain Joint/Bone Pain Muscle Aches Swollen Joints

**Hematology:** Bleeding Gums Blood Clots Bruise Easily

**Immunologic:** Bee Sting Environmental Food HIV Pollens/Grasses Tape